



Track or Treat! It's Our Last Meet

Saturday, October 25, 2025

Beazley Fields, Dartmouth

Races start at 10:00 a.m., and bib pickup begins at 9:30 a.m.

Wear your Halloween costume if you dare!

And not to scare the big ones, but there's a free ADULT run too!!! Be brave.

Full series membership is now closed, but you can register for each race individually on Trackie and pay \$5 at bib pick-up. You can not pay for single-race registration online.

Single-race registration will close at 6:00 p.m. on October 22.

There is no same-day registration

[Single Race Registration](#)

YRS AWARDS BANQUET AND PARTY!

FREE for all Full Series Members!

Sunday, November 23, 2025
from 2–4 p.m.
Cole Harbour Place
Multipurpose Room

- 🏆 School Awards
- 🏆 Top-Place Trophies
- 🏆 Participation Certificates

 Youth Running Series |  youthrunningseriesns | youthrunningseries.ca

2025 Results

Results are posted on our website after each race!


Please send any changes to youthrunningseries@gmail.com

The best of FOUR races combined with participation points are used to calculate the year-end results. The top three in each age category (U8-U15) will receive a trophy and prize at the banquet. Only those who attended at least three races are eligible for a finishers certificate.



Our favourite race photographer, Ralph, comes to many of our events and always snaps great photos. Please visit his website and download, share, and credit his work! Thank you, Ralph!

2025 Age Categories



	U6	U8	U10	U12	U15	U18
AGE	5 and under	~ 6-7	~ 8-9	~ 10-11	~ 12-14	~ 15-17
YEAR OF BIRTH	2020 & higher	2019, 2018	2017, 2016	2015, 2014	2013, 2012, 2011	2010, 2009, 2008
DISTANCE	short happy distance (untimed)	1 km	1.5 km	1.5 km	2.2 km	2.2 km
TRACK LAPS		2.5 laps	3.75 laps	3.75 laps	5.5 laps	5.5 laps

Ensure you know the year of birth. Categories are based on "end of year" age.

Youth Running Series follows the guidelines from Athletics Canada Policy on

Transgender and Gender Diversity Inclusion: Grassroots Competitions—for local competitions, fun runs, and other athletic events that are geared towards participation rather than performance (e.g., any domestic competition that is not sanctioned by World Athletics or World Para Athletics), **athletes shall be able to compete in the competitive category in which they identify. There shall be no restrictions placed on transgender or gender diverse athlete participants.**

How does point scoring for the YRS work?

Can you register on the day of a race?

Why is my child U10 when they're only seven?

We now have a FAQ page on our website to help answer your question!

[Check it out](#)

Visit our [website](#) and check us out on [Facebook](#) and [Instagram](#) for all the latest news.

Thank you to our sponsors!

